# Wellbeing Survey

**Please take a few minutes to complete this survey.**

**For each question, circle the number on the scale that best reflects your thinking with 1 being most positive and 10 being most negative.**

1. How well supported do you feel when it comes to your professional development?

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|

2. How well supported do you feel when it comes to your work wellbeing?

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|

3. How easy does it feel for you to achieve a good work life balance?

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|

4. How well are your professional efforts recognised?

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|

5. How well are your opinions reflected in the life of the school? (Consider both policy and practice)

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|

**Please include any comments that you wish to make below. Use the reverse of the sheet if you would like more space.**

**Thank you for taking the time to complete this survey.**